

7.1 The Solution Concept:

Once the saddle has been fitted to the horse's back, it can then be adjusted to give optimum balance for the rider. It is extremely important to make any necessary adjustments, as the rider will not feel comfortable if they are not completely in balance.

If the rider is not comfortable, they will not ride effectively.

It is very quick and easy to fit to the horse, but takes a little more time to check that the set-up of the equipment is optimised for the rider.

The unique concept of the Solution system allows it to be minutely adjusted to accommodate any horse or rider to give the best performance, so in the beginning, it is time well spent to experiment with different fittings. Once you have established your preferences, these are unlikely to change much, if at all, when you change the saddle between horses.

7.2 Factors to consider:

Saddle model

Saddle size

Rider vertical balance

Rider lateral balance

Knee support

Thigh support

Personal preference

7.2 Asymmetry:

Asymmetry can be found either in the horse or in the rider and for our saddle-fitting terms, generally means unevenness in muscular development. This can, but does not always lead to an unevenness, or crookedness in the posture of the rider or the gait of the horse.